

CAREER EXPLORATION INTERVIEW

AT A GLANCE...

- Asking professionals questions you have about your future career field can give you direction and help you network
- We'll walk you through how to set up and conduct the interview, and give examples of thoughtful questions you could ask

PREPARING FOR THE INTERVIEW

A Career Exploration Interview is a relaxed conversation where you ask someone working in a career field that interests you for information and advice. These interviews can be powerful tools to help you build your personal network and give you direction in your future career options.

1. RESEARCH

Identify career paths - you can research a wide variety of careers using our career exploration tools at careers.byu.edu. You can learn more about how to use these tools with a Career mentor at the Career Studio, who can also help you research and narrow down possible careers paths.

Make a list of questions - as you are researching different careers, questions are likely to arise. They can be about anything: future job growth, salary, schooling, a day in the life, etc. As these questions develop during your research, be sure to write them down for future reference. (See back for examples.)

2. SEARCH

There are multiple ways to find someone to interview, and people are generally willing to answer your questions. Here are a few different ways to find people to talk to:

- LinkedIn Alumni Tool ([linkedin.com/alumni](https://www.linkedin.com/alumni))
- BYU Connect
- Ask professors if they have any connections in the industry
- Ask friends and family for connections

3. REACH OUT

When reaching out, make a good impression and be specific and concise and questions. Here's an example of how to ask for an interview:

Dear Mr./Ms. (name),

I am a student at Brigham Young University studying (major). I have been looking into career paths in (field)