

## STUDENT NAME

[student\\_name@byu.edu](mailto:student_name@byu.edu) ☎ 111-111-1111

### EDUCATION

**BS, Physical Education Teaching/Coaching**

April 20XX

*Brigham Young University, Provo, UT*

- Health Teaching Minor

### STUDENT TEACHING AND FIELD EXPERIENCE

**Student Teacher** | 10<sup>th</sup> – 12<sup>th</sup> Grade

January – April 20XX

*Mountain View High School, Orem, UT*

- Educated and directed student through health-related lessons, calisthenics, weight-lifting, and sports
- Designed an Active Fitness for Life lesson on nutrition and My Plate, incorporating a competition involving nutritional trivia and exercise
- Administered formative and summative assessments testing Depth of Knowledge 1-3
- Collaborated with colleagues on instructional strategies and how to best fulfill students' needs
- Collected data and compared results to other classes on Fitnessgram and Depth of Knowledge quizzes, and refined teaching strategies where needed
- Utilized technology including laptops and iPads into lessons

**Assistant Swim Coach** | Swimming Team

June 20XX – February 20XX

*Mountain View High School, Orem, UT*

- Instructed and motivated student athletes in swim by setting individual goals, monitoring progress, and providing specific feedback
- Created developmentally-appropriate workouts, integrating drills for technique, endurance, and speed into the season training plan

### RELATED EXPERIENCE

**BYU Health Department**

December 20XX – March 20XX

*Research Assistant, Provo, UT*

- Conducted a study designed by a graduate student, related to sexual behavior and drug use
- Analyzed explicit and implied media exposure of underage participation in adult health behaviors
- Reported relevant data

**BYU Sports Camp**

May – August 20XX

*Camp Counselor, Provo, UT*

- Monitored safety and well-being of 8-16 girls, ages 12-17, during afternoon to morning camp activities
- Designed and implemented weekly schedule, activities, and programming for camp group
- Maintained accurate program records, including incident reports, logs, and daily attendance reports

**BYU Family & Life Studies Department**

October 20XX – February 20XX

*Research Assistant, Provo, UT*

- Analyzed family interactions and rated human behaviors
- Assisted in completion of a 10 year research assignment
- Demonstrated strong communication skills through paired consensus over select coding assignments

### CERTIFICATIONS

CPR

First Aid

Bigger Faster Stronger Weight Lifting Program