Career decision-making can be both exciting and overwhelming. Below are a series of levels that can guide you through the process. Each level has a list of resources that can help you in narrowing down your career path. In addition to these resources, the “Action” section includes specific events or activities that can give you more hands-on involvement with your career development. After you have reviewed the resources and checked out some of the action items, ask yourself the questions listed under that particular level to gauge whether you are ready to move on to the next level, or if University Career Services can aid you in further career clarity.

Evaluate your confidence at each level to determine where you need to start. Perhaps the most important issue is to understand that being passive will not produce results—action is required. Start checking off as many of these activities as you can, and you’ll find yourself on your way to a great career. In the end, it matters more that you are taking the steps to gain clarity, not that you choose a career right away. Use the empty lines as a space to jot ideas or thoughts.

**LEVEL ONE**

You Can’t Decide Which Careers To Consider.

You may be at this level of career clarity if you have trouble answering questions like: what are your interests? Why do you like these things? How do you describe yourself? What is your personality like? Where are you most comfortable? How do you spend your free time? Where do you want to live after graduation? What inspires you?

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How can you find these answers?

**Resources:** Personality Assessments (MBTI, SII, Typefocus), whatcanidowiththismajor.com, careers.byu.edu

**Action:** Community Involvement (clubs, volunteer, GEs, fun classes), ST DEV classes

**LEVEL TWO**

You Are Interested In One To Three Broad Fields.

You may be at this level of career clarity if you have trouble answering questions like: what do you like learning about? What are your values? What school subjects do you enjoy and do well in? What makes your life meaningful? What would others say you do well?

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How can you find these answers?

**Resources:** learnhowtobecome.org, onetonline.org, Occupational Outlook Handbook, oci.byu.edu

**Action:** Information Sessions, On-Campus Internships, Career Fair
LEVEL THREE

I Am Interested In Four To Six Specific Occupations.

You may be at this level of career clarity if you have trouble answering questions like: who can you talk to in that occupation? What can you ask them? What is this occupational workplace like? How much money will this career pay? What does the upward mobility look like?

How can you find these answers?
Resources: linkedin.com, BYU Connect, careers.byu.edu, bridge.byu.edu, onetonline.org
Action: Informational Interviews, Networking, Lunch & Learn, Career Fairs

LEVEL FOUR

I Can’t Decide Between Two Or Three Specific Occupations.

You may be at this level of career clarity if you have trouble answering questions like: who can I talk to? What do they enjoy about their field? What does a day in the life look like? What is the outlook of this career? Would you feel fulfilled in this occupation? Does this occupation align with my values?

How can you find these answers?
Resources: linkedin.com, BYU Bridge
Action: Site Visits, Internships, Shadowing, Informational Interviewing, BYU Bridge, Career Fair

LEVEL FIVE

I Know The Specific Occupation I Want To Pursue, But Have Not Made A Final Decision.

You may be at this level of career clarity if you have trouble answering questions like: what are my long-term and short-term goals? What are my alternative possibilities?

How can you find these answers?
Resources: BYU Bridge, linkedin.com, Indeed.com
Action: Volunteering, Internships, Part-Time Job